

## *Teacher Talk Session Ideas from 2004-05 as of 8/30/2005*

<i>Categories</i>	<i>Name of Activity</i>	<i>Description</i>	<i>Permission to Share</i>	<i>Submitted By</i>
(Other)	Handling Self and Students in Critical Situations	ILT's were asked to bring a printed copy of an activity that they had used in their classroom to be shared with other members to use as a review activity with students to help prepare for EOC tests. This turned out to be very beneficial as members shared ideas.	Yes	Name: Mary Burroughs Email: burroughsm@charter.net Phone: 252.537.6434 Fax:
ILT Coach				
(Other)	Handling Self and Students in Critical Situations	ILT's were given self-defense and techniques that can be used to keep students from hurting each other and self. The demonstration was given by a retired Correctional Lieutenant from Tillery Correction Prison. Members seem to thoroughly enjoy participating in the demonstrations.	Yes	Name: Mary Burroughs Email: burroughsm@charter.net Phone: 252.537.6434 Fax:
ILT Coach				
Administrator	Guess Who?	Each new teacher will write down three things about his or herself, on an index card. The ILT Coordinator will put all of the cards in a bag. Then she will pull a card from the bag and read the fact written on the card. The ILT's will try to guess which ILT the fact is describing.	Yes	Name: Patricia Jackson Email: jacksonp@weldoncityschools.k12.nc.us Phone: 434-848-8428 Fax:
Support Coach				
Administrator	Issues on the Table for Discussion	ILTs were allowed to share openly any issues, questions, strategies, and suggestions with the group. These discussions allowed the ILTs to give each other support. They felt that they were not alone. A lot of the ILTs shared the same concerns.		Name: Email: Phone: Fax:
Support Coach				

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ILT 1 ILT 2 ILT 3	A Five-Minute Relaxation Break!	I encourage our ILTS to always find time to relax and destress. Try Cleansing Breaths: Take a deep breath through the nose, filling your lungs from the bottom(your stomach will gently puff out), through the middle, and through the top. Exhale forcefully through the mouth, using your lips for resistance.As you inhale again, imagine gathering up all your tension and expelling it as you exhale. Repeat.	Yes	Name: Elsie H. Powell Email: elsiehpowell@hotmail.com Phone: (252) 332-5581 Fax: (252) 358-0121
ILT 1	A Picture is Worth a Thousand Words	New teachers are required to prepare a mini lesson. Each teacher is required to teach the lesson to students (other new teachers) in the group. The lesson will be video taped and the group views the tap pointing out INTASC standards and areas of improvement and successful strategies.	Yes	Name: Catherine Sledge Email: cgsledge@hotmail.com Phone: 252 257-3695 Fax: 252 257-0163

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ILT 1	Addressing the diverse learner- Adjusting Questions as a Strategy for Differentiation	A suggestion for developing some sets of questions that you might use with academically diverse learners in your classroom. First present the example of a teacher (Mr. Smith) who is working with his Spanish I class in oral expression. He will pose questions to them that they must answer aloud and with little time for reflection. His students range from those who have great difficulty with grammar and oral expression to those who anticipate new grammatical constructions from previous ones. What he does not want: 1. To ask some questions that can be answered with a single word or phrase and others that require complete thoughts and sentences. What he does want: 1. To encourage all students to use a range of grammatical constructions at a level of appropriate challenge. 2. To pose questions that challenge oral expression with particular emphasis on verb tenses. 3. To ask questions that become more opened, more abstract, require greater leaps of mind, and grow more complex. Here are Mr. Smith's questions: 1. Whom should I ask about directions to your favorite restaurant from school and what advice would they give me about how to get there and the length of time it would take? 2. Whom should I ask about the way things were here at school before the new wing was added and what do you think that person or those people would tell me about then and now? 3. What important responses would you give if someone asked you to give them advice about raising a child from birth to the time they leave home so that the child has the greatest chance of happiness and success? Have ILTs work alone or with one(1) person who teaches the same subject to develop one or more questions at varying degree of difficulty based on a unit they have just taught or will teach this year. Remind ILTs to be sure your questions do: 1. Require all students to focus on essential ideas (generally the same idea). 2. Require all students to function at a high level of challenge (for the individual) in application of skills. 3. Require all students to think at high levels. Be sure your questions do not: 1. Require more answers from some students and fewer answers from others. 2. Ask for repetition and regurgitation from some students and thought from others. Your questions sets may be	Yes	Name: Phyllis B. Sexton  Email: ITEACHFIVE@AOL.COM Phone: 252.539.2152 Fax:

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		for discussion, for a test, for research, or for another purpose that you identify.		
ILT 1	early year fun activity- cruise and mini history lesson of the area by water	with much food, we took a harbor cruise of the area and had a tour guide to share history of the area	Yes	Name: Amy Steinert  Email: asteinert@camden.k12.nc.us Phone: 252-331-4838 Fax: 252-338-5449
ILT 1 mainly but other ILTs benefitted				
ILT 1 ILT 2 ILT 3	How to lead a parent conference	We polled our ILT's for suggestions on topics of interest. One that showed up a great deal was how to lead a parent conference. I invited Barbara Harrington to one of our Teacher Talk session to share insight/info. on the subject of parent conferences. Barbara was thorough in explaining the purpose of the conferences, how to present both positive and negative news to parents, and even what to do should a parent become difficult during such a conference. Barbara also shared information regarding the teachers' responsibilities during parent conferences, as well as what administrators are responsible for during the conference (if needed). It was a very informative session because it was delivered by a very respected professional who is a teacher advocate.		Name: Angela Byrum Email: abyrum@ecps.k12.nc.us Phone: (252)221-4131 Fax:

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ILT 1	Introduction to Cultural Diversity	To introduce ILTS to the concept of cultural diversity. First ask the participants to look at the seating arrangement in the session and identify any patterns that might exist( ethnic groups, gender groups,etc.). Ask ILTs to elaborate on why they think that patterns might occurred. Inform the ILTs that this activity will sensitize them to such patterns, because our actions speak louder than our words and our students are watching. If we encourage diversity among our students, we need to practice it among our faculty. As ILTS to form two groups (depending on the number of participants you have) and discuss how the concept of "melting pot" differs from the concept of "salad bowl". Discuss how the two concepts might be represented in classrooms. Have each group summarize their group's discussion with the other participants.If time permits,ask groups to create a picture that represents the "melting pot" concept, and a picture that represent the "salad bowl" concept. Materials needed, poster board, colored construction paper and colored markers. Note: The "melting pot" concept makes everyone--all cultures--alike by one set standard; the "salad bowl" concept maintains that different cultures can work together and still keep their uniqueness.	Yes	Name: Phyllis B. Sexton Email: ITEACHFIVE@aol.com Phone: 252.539.2152 Fax:

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ILT 1 ILT 2 ILT 3	Keep an Open Mind	This activity was used as an icebreaker at our last Teacher Talk session. A handout was given to teachers with the title "Keep An Open Mind" at the top. On the handout was an outline of a human head with a line drawn vertically separating the left and right sides of the head. The left side of the head was labeled "New Ideas" and the right side was labeled "Tried and True". Teachers were given 5 minutes to brainstorm. On the left side of the head they were to list new things they wanted to investigate or try or implement next year - new ideas they were thinking about. On the right side of the head, teachers were to list strategies and techniques, etc. that worked well this year and they would definitely continue to use. The variety of responses included discipline strategies, teaching strategies, and managerial techniques. When we use this activity next year, I will compile the "Tried and True" list to distribute so that new teachers will have some ideas from their colleagues of things that can improve performance in the classroom.		Name: Angela Byrum Email: abyrum@ecps.k12.nc.us Phone: (252) 221-4131 Fax:
ILT 1	Kitchen timer	Kitchen timer is most beneficial for classrooms as new teachers are learning how to manage their "real" time with their lesson plan time. The timer helps to keep teachers and mainly students on task, or at least to use their time wisely.	Yes	Name: V. Cooper Email: cooperv@hertford.k12.nc.us Phone: Fax:
ILT 1	new teacher chart	using the new teacher chart (shows teacher highs/low and what time during the year they occur)- we refer to this chart during every meeting, it helped them realize that what they were feeling was normal and even experienced teachers were feeling the same pressures	Yes	Name: Amy Steinert Email: asteinert@camden.k12.nc.us Phone: 252-331-4838 Fax: 252-338-5449
ILT 1	new teacher websites	all the ILT's were shown in a computer lab different websites that would help them, classroom designs, discipline helpers, etc.	Yes	Name: Amy Steinert Email: asteinert@camden.k12.nc.us Phone: 252-331-4838 Fax: 252-338-5449
other ILTs benefitted as well				

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ILT 1	Stand up conferences	A stand up conference is a meeting in a hallway or dining hall where you discuss and take notes as you stand. This allows less time wasted in sit down conferences and the ideas covered are done so quick and are written down for a reply later.	Yes	Name: V. Cooper Email: cooperv@hertford.k12.nc.us Phone: Fax:
ILT 1	Taking the New Teacher to the Expert	I asked experienced teachers to remain in their classroom and the new teachers went on a tour of the classrooms. They asked all sorts of questions, got valuable ideas and learned so much by visiting the classroom for their grade level. They were excited to return to their own classroom and use these skills/strategies. The experienced teachers were very helpful and shared that the experience helped them also.	Yes	Name: Catherine Sledge Email: cgsledge@hotmail.com Phone: 252 257-3695 Fax: 252 257-0163
ILT 1	Teaching Strategy: First Word--- Last Word	Select a key word from the lesson just completed. Have students write a word or phrase relating to the lesson starting with each letter of the word. The finished product is an acrostic using lesson material.	Yes	Name: Elsie H. Powell Email: elsiehpowell@hotmail.com Phone: (252) 332-5581 Fax: (252) 358-0121
ILT 2				
ILT 3				
Mentor None Support Coach	Parent Communication	Before the first parent conferences, we held a Parent Communication Tips meeting. We discussed tips for conferences and general tips for carrying on a conversation. I had a lot of teachers say that they use the ideas in their conferences and they worked!	Yes	Name: Stephanie Hardison Email: sthardison@martin.k12.nc.us Phone: Fax:

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Mentor	Rule Setting	Have students, individually, on day 1 write down five rules that they think the class should be governed by. Then let them share with one or two people; afterwhich, discuss/compare and settle on five rules. Share the rules that you, the teacher, had written with the ones from the class and come to a consensus on the ones that will be labeled "Class Rules". Throughout the year remind students that this is what "we" as a class decided what rules we follow. Also discuss consequences when rules are broken. This is what cut down on some discipline problems for me in my classroom.	Yes	Name: Shirley Johnson Email: johnsons@weldoncityschools.k12.nc.us Phone: (252)826-4802 Fax:
Mentor None Support Coach	Who Do I Call?	A lot of the time, new teachers do not know who to contact for various problems or questions. I made a list of technology troubleshooters and county office personnel and which area they are responsible for.	Yes	Name: Stephanie Hardison Email: sthardison@martin.k12.nc.us Phone: Fax:
Support Coach	"Fall Leaves"	Teachers were asked to get any amount of leaves they wanted upon entering the meeting. During the icebreaker, they were told to tell a positive thing that had happened to them for every leaf they had. (EX: 2 leaves-2things)	Yes	Name: Becky Adams Email: rbas3angels@yahoo.com Phone: 2523983461 Fax:
Support Coach	A Year-long Quilt	Start this project at the first ILT meeting. ILT's will be given a piece of white construction paper on which they will write their names in the center. They will make a quilt panel that displays something that they have learned at each of the ILT sessions that they attend. They may include pictures that are taken during each meeting or later they may add comments after using some of the information that they learned in the session. They may even write or draw pictures that symbolize how they feel at that time. Each quilt will be mounted on colored construction paper and put together to form a quilt. Teachers will add to their quilt pattern as the year goes on. Making this year-long quilt is a great way for teachers to show the progress that they are making as they move through the school year and the INTASC standards.	Yes	Name: Patricia Jackson Email: jacksonp@weldoncityschools.k12.nc.us Phone: (252) 536-4815 Fax:

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Support Coach	Availability	It is very important that new teachers know that someone is there to answer questions, to advise them to console them, and to give them a pat on the back. Keep in touch with your new teachers.	Yes	Name: Joan Comer Email: Phone: 252-537-2877 Fax:
Support Coach	Be an advocate for shared planning time with mentors	As a support coach I knew how important it was for mentors and mentees to meet and talk on a daily basis if possible. New teachers will be happier, feel more successful and be more secure in their own teaching if they have constant support. I was able to advocate common planning times, common lunches and either adjoining classrooms or classrooms in close proximity to one another for many of our new teachers and their mentors. This closeness and shared planning allowed there to be more contact on a more frequent basis. It also helped to form close relationships between mentors and their new ILT's. When there was a relationship formed the ILT felt more comfortable to ask questions and to ask for help or advice from their mentor.	Yes	Name: Jennifer O. Bass Email: jobass@ecps.k12.nc.us Phone: 252-221-4078 Fax:
Support Coach	Celebration	Each ILT was asked to bring an object to our final celebration that represented how their year had been. Then they had to justify why the object was brought. Some objects were funny, others serious. It was a good way to sum up their year of teaching .	Yes	Name: Debbie Burroughs Email: debbieburroughs@hotmail.com Phone: 252-482-7769 Fax:
Support Coach	Classroom and Time Management	I had found on the internet some wonderful ideas about managing behavior, tattling, going to the bathroom and other topics that seem to take up our time. The teachers gave some excellent ideas also. I have had some of the teachers tell me that they are using some of the ideas in their classroom and they have been successful. I thought this was a great sharing time.	Yes	Name: Tammy Askew Email: tjaskew@aol.com Phone: 252-209-6140 Fax:

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Support Coach	Differentiated Instruction	In our Teacher Talk Group session on meeting the needs of all of your students (Differentiating Instruction) we begin with the accommodations and modifications used for the EOG. All too often, classroom teachers, especially ILT's, are not aware of what kinds of modifications and accommodations they should be making for their exceptional students in their teaching and testing situations. I invite our LEA Representative (who is also our special ed teacher) to this TTG session and she discusses the difference between modifications and accommodations and then goes over each of these allowed for the EOG. This always sparks lots of discussion!	Yes	Name: Joanne Smith Email: jsmith@tycomail.net Phone: 252-796-3881 Fax:
Support Coach	Discipline and Classroom Strategies	Best Practice #1 As a Support Coach I know that teachers are always in need of discipline strategies. With this in mind I prepared a Power Point presentation to share with the new teachers and mentors. Various behavior types were shown with characteristics of each and how to counteract these behaviors. Examples of those are: 1. The agitator 2. The tattletale 3. The No-worker etc. The presentation went very well with all teachers giving input and recognizing many of the behaviors discussed. Best Practice #2 During a teacher talk session a computer and projector was set up for onsite use. As the Support Coach I gave various strategies that I use in my classroom as did the new teachers and mentors. These were typed on the screen as they were discussed. Each teacher was able to receive the strategies before leaving the teacher talk. It was an awesome way for the teachers to have access to the information without having to wait. The teachers were very thankful for the information and the fact that it was "hot off the press"	Yes	Name: Mary H. Beasley--Ahoskie Elementary Email: LadyBeeB@peoplepc.com Phone: 252-332-6986 Fax: 252-332-2755

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Support Coach	End of Grade Preparation	I invited the curriculum specialist to review EOG test strategies with all of the new teachers. She discussed the importance of the test. She shared a wealth of books, web sites, sample test questions and best practices. Ms. Richardson gave them a few sample questions to answer so that they would have an idea of the types of questions that will be asked. She also offered teachers planning time so that she could work with them on an individual basis.	Yes	Name: Jan Taylor-Fuller Email: Phone: 252-257-3751 Fax:
Support Coach	Freshmen Academies	One of our Teacher Talk Group focused on an article appearing in The News and Observer on April 3, 2005. This article "What Keeps Kids in School?" discussed the success of one school system in Guilford County that succeeded in lowering the drop out rate of its students. The article also discussed some Wake County schools in which ninth graders participate in Freshmen academies. This is a program being investigated this year for implementation with next year's freshmen. The discussion that evolved from this article enabled the ILTs to express their idea and to create input for this new program.	Yes	Name: Patricia Spruill Email: pspruil@tycomail Phone: (252) 796-8161 Fax: (252) 796-1492
Support Coach	Getting to Know You/ Great Ideas!	This can be done at the beginning of the year to allow the ILTs time to get to know one another. Give each ILT a piece of 8 1/2 X 11 white paper and have them draw a large rectangle with 6 boxes. Instruct them to write something in two of their boxes that has worked well for them in their classroom this week. (You can also have them do "something they are proud of," "a neat way to teach math, etc.") Allow time for them to go around the room introduce themselves to one another and fill their boxes by interviewing other ILTs. As they meet each other they are also able to gain new ideas that they can then take back to their own classrooms. ILTs have so much to offer to one another and this is a quick and simple way to make that line of communication open for them.	Yes	Name: Stacey Banks Email: sbanks@ecps.k12.nc.us Phone: 252-297-2597 Fax:

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Support Coach	Guest Speaker on School Law	One of the concerns that new teachers always have seems to concern the law. We scheduled a speaker to come from our Central Office - the asst superintendent, in our case - to answer questions. He came with a prepared talk, but the teachers just wanted to have a Q & A.....they raved about getting th chance to ask some of those questions that they'd been wondering about! In hindsight, it might have been better to have an "anonymous" speaker so that there would've been more freedom in asking questions.....but our ILT's didn't show much hesitation. A giant plus was that I learned alot of things, too!!	Yes	Name: Catherine Baker Email: cbaker@ecps.k12.nc.us Phone: Fax:
Support Coach	IGP Workshop	The ILTs needed help with their IGPs. I made copies of an example and we went through it step by step. This procedure helped to clear up any questions that came up. We discussed in great detail the standards and evidence that went along with each standard.		Name: Email: Phone: Fax:
Support Coach	IGP Workshops	The ILTs needed help with the IGPs, so we worked or them together. I made copies of an example for the ILTs to follow. We went over the IGP step by step. We discussed the standards and the evidence that could go with each standard.		Name: Chastity Kinsey Email: maxnit@earthlink.net Phone: Fax:
Support Coach	ILT meeting: Work Session for IGP	This is not an original idea of mine, but a great idea from someone who submitted previously on this page. For one of my meetings, I invited mentors to attend with their mentees and we worked together on the individual growth plans for the ILTs using the INTASC standards. Our principal even attended the session and assisted the ILTs. I felt it was a very successful endeavor and IGPs were completed in a timely manne		Name: Donna Draper Email: draperd@weldoncityschools.k12.nc.us Phone: Fax:

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Support Coach	INTASC Quiz	I had a handout of Artifacts. The ILTs had to match the artifacts with the INTASC Standards. They worked individually and then got into groups to discuss their answers then we went over the answers.	Yes	Name: Debbie Burroughs Email: burroughsdl@gatescountyschools.net Phone: 252-357-0470 Fax:
Support Coach	Issues of Concern	The ILTs were allowed to discuss issues of concern to them. The ILTs were allowed to ask questions, share strategies, and offer suggestions among each other. This seemed to be a big help. Most of the ILTs had the same concerns. These sessions helped the ILTs to realize that they were not alone.		Name: Chastity Kinsey Email: maxnit@earthlink.net Phone: Fax:
Support Coach	Jan Taylor-Fuller	At our first meeting at Warren County Middle, I asked a young lady from Warren County to address the new teachers on the culture, history, and demographics of Warren County. She gave detailed information about the family dynamics, parents and students views of education, teachers and the school system, racial issues, family religious values and the economic challenges in Warren County and how all of these variables effect the students at Warren county Middle. It represented a broader, first hand account of Warren County.	Yes	Name: Jan Taylor-Fuller Email: Phone: 252- 257- 3751 Fax:
Support Coach	Knowing your students	Devise a method of getting to know your students. My method includes: greeting them at the door as they enter the room; making sure I call them by name, their preferred name if possible; talking to them about their likes and dislikes (school/non-school); and support them in extra-curricula activities when possible.	Yes	Name: Shirley Johnson Email: johnsons@weldoncityschools.k12.nc.us Phone: (252)826-4802 Fax:
Support Coach	Learning Styles Surveys	Participants completed a learning styles inventory and determined their dominant learning style - visual, auditory, or kinesthetic. We then looked at characteristics and activities suitable for each type of learner. Visit <a href="http://www.nwlink.com/~donclark/hrd/vak.html">http://www.nwlink.com/~donclark/hrd/vak.html</a>	Yes	Name: Nan McKellar Email: mckellarn@northampton.k12.nc.us Phone: 252-585-0312 Fax: 252-585-0335

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Support Coach	Lesson Plan Modeling	I demonstrated to ILTs how I plan my own lesson plans. I used the dry erase board as my lesson plan book.	Yes	Name: Stacy Leggett Email: stacyleg24@earthlink.net Phone: 252-789-4733 Fax:
Support Coach	Lesson Plans	In response to lesson plan sweeps our county performs, I did a session on lesson plan styles. Our school system has specific components for lesson plans. There is a template form some teachers use to write their lesson plans. I asked each ILT to bring in a sample of the type of lesson plan they are using to develop their teaching plans. These were shared and discussed. Types presented included: lesson plan books, hand written plans, typed plans, in which teachers had developed their own template style, notebooks and legal pads. In discussion, teachers were instructed to choose the plan that best fits their teaching style. In all plans, teachers were directed that the most important objective is to include all the county's required teaching components. Format and ease of locating components was stressed. Ideas to improve readability were recommended.	Yes	Name: Linda Perry Email: perryl.ces@bertieschools.com Phone: 252-356-4714 Fax: 252-356-4522

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Support Coach	My Perspective	<p>I passed out a piece of plain typing paper to each new teacher. I then had them draw three lines down their papers and 2 lines across their papers dividing the paper into 12 equal squares. I then tell them to write the answers to the following questions in a box that I name. (For example, top right corner or second box from the right on the top row etc...) 1. Are you male or Female? 2. Birth Order (oldest youngest or middle child) 3. Where did you grow up? 4. hobbies 5. grade level you teach? 6. leader or follower? 7. lone or a people person? 8. What college did you graduate from? 9. Favorite subject in school or that you teach? * These questions can be changed to suit your needs.* I then have them fold the paper in half and tear out the two center blocks with no writing in them. I tell them to hold up the paper and look through the hole. By this time you have a room full of racoon faced teachers peeking through their holes wondering why are we all doing this silly mask-like thing? Then I tell them they are looking around the room through their own perspectives. I tell them to think how each of those answers they gave on their papers effects and reflects on the decisions they make each day, how they view their students, fellow teachers, and the world in general. We all need to be aware of how our own life experiences, and opinions effect the way we deal with decision-making, attitudes, and one another. Remind them that everyone views the world through their own perspectives and we need to be thoughtful of that when dealing with others as well as our students and their parents.</p>	Yes	<p>Name: Jennifer O. Bass  Email: jobass@ecps.k12.nc.us  Phone: 252-221-4078  Fax:</p>

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Support Coach	Organization and Time Management Tips	Before completing a Teacher Talk Group session on organization and time management, I e-mailed all of the teachers in our school system (we are very small, you can select a group of teachers to e-mail if you are in a large system.) I asked the teachers to share things they have found helpful over the years in their classrooms which have helped them stay organized and saved them time. When I received responses, I compiled them into a handout for the new teachers. Some of the ideas simply affirmed things the ILT's were already doing, but some of the ideas were real "Ha's!" All of the ideas were helpful!	Yes	Name: Joanne Smith  Email: jsmith@tycomail.net Phone: 252-796-3881 Fax:
Support Coach	Organizational Skills	I shared several ideas on how to be organized in the classroom. The teachers brought things to show that they used and found very helpful. I also gave out a notebook, dividers and plastic sheet protectors to each teacher. These were things needed to create one of the ideas that we discussed.	Yes	Name: Tammy Askew Email: tjaskew@aol.com Phone: 252-209- Fax:
Support Coach	Organizing the Year	This year, we gave our ILT's ownership of their Teacher Talks. Our very first meeting, we broke up into groups...the first division was among schools (we have a Support Coach at each of our schools). ILTs from each school brainstormed together on topics they wished to cover. There was the added plus that ILT-2's were in the same group as ILT-1's, so they could be the "pro's" for the new ones. Then, we divided into ILT-1's and ILT-2's and did the same thing. We picked up a few new topics. Lastly, we came back together as a group and went over the topics. We threw out a few topics, combined some, and came up with a couple of new ones. We then outlined the concept of Teacher Talks with the ILTs. We allowed them to "vote" on locations, refreshments (this rotated among schools), etc. This year went much smoother & we believe it was due to this organization at the beginning.	Yes	Name: Catherine Baker Email: cbaker@ecps.k12.nc.us Phone: Fax:

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Support Coach	Overlapping of programs	As a support coach I think it is important to allow the ILTs time to talk and learn from one another. However this year we had a very successful year in organizing our meetings with a business agenda, a guest speaker and then time to talk. This structure worked very well. We invited directors, teachers, regional coordinators and principals to be our guest speakers. Every speaker was to cover one of the INTASC standards. For example, Ralph Evans spoke to us about using technology to improve our teaching skills and Barbara Harrington talked to us about organization skills. The we invited the Golden LEAF people to come in and tal about strong mentor/mentee relationships. Again, at the end teachers were able to talk to me if they neede to. I highly recommend this structure for some of your ILTs meetings.	Yes	Name: Brenda L. Dail Email: bdail@pcs.k12.nc.us Phone: 252-426-5741 Fax: 252-426-4913
Support Coach	Pass the Buck	At the beginning of the meeting the teachers received a set amount of play money. We positioned ourselves in a circle and talked. Throughout the conversation, each teacher had to say something positive to the person they responded to. If they could not think of a positive praise, they passed that person a "buck." The person with the most moeny at the end of the game received a prize. The connection was Positive Reinforcement:Verbal and Non-verbal. Eventually, the teachers stopped talking and just gave positive praise phrases. However, they could not repeat a praise. If they repeated they passed a buck to the person that caught the repeated phrase.	Yes	Name: Denise Carmack Email: dcarmack@martin.k12.nc.us Phone: 252-795-3910 Fax: 252-795-3890

<i>Categories</i>	<i>Name of Activity</i>	<i>Description</i>	<i>Permission to Share</i>	<i>Submitted By</i>
Support Coach	Professional Library	<p>Realizing the importance of a personal professional library in professional development, I introduced this topic to the ILTs by giving them a copy of a Harry Wong publication. They were given time to explore the Successful Teaching newspaper. This is available free from Harry K. Wong Publications, Inc.</p> <p>www.EffectiveTeaching.com I shared copies of several of my own professional books. I told them how useful a personal resource library will be as they grow in their profession and expertises. I gave them several resources for purchasing these types of materials. Several teachers shared titles of books they have purchased and their usefulness to their profession.</p>	Yes	<p>Name: Linda Perry  Email: perryl.ces@bertieschools.com  Phone: 252-356-4714  Fax: 252-356-4522</p>
Support Coach	Questions, questions, questions	<p>ILTs wrote multiple choice questions about current events on overhead transparencies. We placed the transparencies on the overhead and evaluated them. (One of the wrong answers had to be funny.) We discussed how these techniques can be used in class to improve scores.</p>	Yes	<p>Name: Stacy Leggett  Email: stacyleg24@earthlink.net  Phone: 252-789-4733  Fax:</p>
Support Coach	Reflections of Year	<p>At the April Teacher Talk Group ILTs were given a form to complete at the end of the session. This form was used to evaluate and improve the Teacher Talk Group/Support Coach Program. The ILTs were asked to comment on one of their most rewarding experiences, something they will change next year, how they felt about their teaching experience, how the TTG sessions helped them, and something they would like to have discussed at future TTG meetings. All the ILTs said the sessions helped them by providing them an opportunity to come together and share problems and frustrations of new teachers. The ILTs liked networking together and using the meeting as a "support group."</p>	Yes	<p>Name: Patricia Spruill  Email: pspruill@tycomail.net  Phone: (252)796-8161  Fax: (252) 796-1492</p>

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Support Coach	Scavenger Hunt	I created a scavenger hunt that connected INTASC Standard 2 to Easter and St. Patrick's Day. The teachers spent the meeting time in the lab completing the hunt. In the end the teachers walked away with a variety of websites, information, and puzzles they could use in their classroom. They also received door prizes to keep them "eggs-cited"!	Yes	Name: Denise Carmack Email: dcarmack@martin.k12.nc.us Phone: 252-795-3910 Fax: 252-795-3890
Support Coach	Share and Vent	Teachers have the opportunity to share the good things that have happened between meetings. They also have time to vent. We then try to work out a solution to their concerns.	Yes	Name: Joan Comer Email: Phone: 252-537-2877 Fax:
Support Coach	Sharing Successful Strategies	Each participant was asked beforehand to bring in something original that they use repeatedly in class. I could have been something related to classroom management (which tied in to our Harry Wong series) or an activity used to reinforce a lesson. Participants shared one at a time, and answered questions from other participants. This activity was done after we had heard a presentation the month before from a teacher on our staff who presented successful classroom management ideas of her own.	Yes	Name: Nan McKellar Email: mckellarn@northampton.k12.nc.us Phone: 252-585-0312 Fax: 252-585-0335
Support Coach	Student Support	We invited the director of student services and the school social worker to come to one of our sessions to share with our ILT's information on troubleshooting student issues. We wanted our new teachers to know the proper chain of command on who to go to with student issues and how to best address serious student needs. Our ILT's later shared with us that this was our most helpful information.	Yes	Name: Emmy Coleman or Laura Richardson Email: ecoleman@wcsk12.com or lrichardson@wcsk12.com Phone: (252) 257-4413 Fax: (252) 257-5968

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Support Coach	Survival Kits	To welcome new teachers or give encouragement to them, you can put several of the following items in a zip-lock bag for each teacher: rubber band-to remind you that you can bounce back...or to stay flexible. Tissue-to dry someone's tears or your own,s you can see the tears of others. Tea bag-because yo are tea-riffic. Paper clip-for keeping things organized. Toothpick-to pick out the good qualittes o others and yourself. Lollipop-to remind them that together, we can lick any problem. lifesaver-because to someone that day they have been a lifesaver. Gun reminder to stick to it. candy-riminder to be sweet to others. Eraser-to remind them that everyone makes mistakes sometime and thats OK. Hershey's Treasures-because they are a treasure. Bandaid-for all the aid they provide. Pennies-so you have the "cents" to realize how valuable you are. Tootsie Roll-for the important roll they play. crayon-to color their days cheerful and bright. Mint-To remind them that they are worth a mint to us. If you want a nautical theme..... Sail-When things are rough, remember you can't control the winds but you can adjust your sails. Lifesaver-When you're sinking or just plain tired of swimming, just hold on and rest. Lure-This catches the attention of the fish the way you catch the attention of your reluctant learner. Now real him/her in. shell-This shell was rescued from the beach after a storm.Let it remind you that mentors are there to guide you through the rough waters of experience. Net-in the field of education,cast your net for a world of adventure and opportunity. Beach umbrella-When things get to hot, seek your mentor for shelter. Rope with a knot-When you reach the end of your rope, this will give you something to hold on to.		Name: Donna Draper Email: draperd@weldoncityschools.k12.nc.us Phone: Fax:
Support Coach	Teacher Leadership	My principal at the high school invited all ILTs to come and learn more about Teacher Leadership. He sharec an article with the ILTs on how to be a leader. He also invited an ECSU representative to come and talk to ot ILTs about going back to school to get their masters. This was an exciting meeting and everyone benefitted	Yes	Name: Brenda L. Dail Email: bdail@pcs.k12.nc.us Phone: 252-426=5741 Fax: 252-426-4913

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Support Coach	Technology	At one of our early Tacher Talk meetings in the school year the Instructional Technology Specialist for the school system was invited to share with the ILTs information about technology integration. New teachers are very overwhelmed with the seemingly endless tasks that are part of a teacher's daily life in the classroom. Incorporating technology seems to fall at the bottom of the list of things to do. In our school system, individual classroom teachers are responsible for teaching technology skills. The Technology specialist was able to give the new teachers strategies for incorporating technology into their lesson plans. After an overview of <a href="http://www.learnnc.org">www.learnnc.org</a> , the ILTs were given an opportunity to collaborate with one another and plan a lesson on a topic they would be covering in the next month. Having this time in the lab enabled them to plan and prepare ahead of time for a lesson incorporating technology. If your school system is not fortunate enough to have an Instructional Specialist in Technology you could invite teachers who already effectively incorporate technology into their lessons to share with them.	Yes	Name: Stacey Banks Email: <a href="mailto:sbanks@ecps.k12.nc.us">sbanks@ecps.k12.nc.us</a> Phone: 252-221-4151 Fax:
Support Coach	The Exemplary Me	Get a partner. One person is "A", One person is "B". Take one minute and talk about yourself without mentioning the name of any other person. Give all positive information about yourself. Each person must do this.	Yes	Name: Joyce S. Massenburg Email: <a href="http://pi.halifax.k12.nc.us">http://pi.halifax.k12.nc.us</a> Phone: (252) 977-3632 Fax: (252)445-2511
Support Coach	Time Management Share Talk	Share information on time management. Ask each teacher to keep a time schedule of activities for a day and share with group. Critique with group assistance and redo the schedule for better time management. Show the improvement!	Yes	Name: Joyce S. Massenburg Email: <a href="mailto:massenburgj@pi.halifax.k12.nc.us">massenburgj@pi.halifax.k12.nc.us</a> Phone: (252)977-3632 Fax: (252)445-2511
Support Coach	Turkey Talk	The teachers were provided with paper turkeys as they walked in. For every paper turkey they had, they had to tell something positive that was going on in their classroom. I called this "Turkey Talk".	Yes	Name: Becky Adams Email: <a href="mailto:rbas3angels@yahoo.com">rbas3angels@yahoo.com</a> Phone: 252 398-3461 Fax:

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Support Coach	Variety is the Spice of Llife	I set a refreshment table with all bland looking and tasting foods: Unsalted crackers, bland popcorn, sugar-free peppermint lifesavers, white powered-suga donuts, unsalted peanuts, and water. After a brief discussion about their differences and personalities I reset the table with more spicy foods: salsa, chips, varity chocolates, variety colorful lifesavers, cheese spread, punch, soda. The concept was for the teachers to understand that classroom instruction and assessment does not have to be bland. Our students are different in many ways, and so should their instruction and assessment. They really appreciated the variety and the spice to their refreshments.	Yes	Name: Denise Carmack Email: dcarmack@martin.k12.nc.us Phone: (252) 795-3910 Fax: (252) 795-3890
Support Coach	Voices	ILTs wrote phrases that they would like to say to parents of students. They identified the voice of the comment (parent, child or adult) and rewrote comments in the adult voice.	Yes	Name: Stacy Leggett Email: stacyleg24@earthlink.net Phone: 252-789-4733 Fax:
Support Coach	Working With At-Risk Students	We held a session on working with at-risk students and invited our county's at-risk counselor to come and share with us some practical tips on what works best with teaching at-risk children. This session provided our participants the opportunity to role-play situations involving at-risk youth, gain knowledge in how to better discipline these students, and what learning techniques best work with students who seem to be falling further behind. Great session for all who participated.	Yes	Name: Emmy Coleman or Laura Richardson Email: ecoleman@wcsk12.com or lrichardson@wcsk12.com Phone: (252) 257-4413 Fax: (252) 257-5689