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**Title: 01** Battling the Bulge, Take 2-Motivating Students & Teachers through NEW Physical Activity Strategies for the Academic Classroom

**Presenter:** Laura Richardson, Lauren Murvine

**Focus Area:** Student Engagement

**Other Area:**

**Audience:** All

**Abstract:** Are you ready to get up and move? Would you like to model a healthy lifestyle and inspire your students to make healthy choices? We have strategies to give your students productive ways to be more physically active in your classroom. Teaching the core curriculum and preparing for mandated testing are important, but so is teaching healthier living strategies to our students and maintaining our own healthy lifestyle. In this session, we will demonstrate ways to incorporate physical activity into academic instruction. The session will also include fitness activities that can be integrated into our own workdays as well as healthier eating strategies for busy teachers! (Handouts included!) Returning session, but new activities and new recipes!

**Presentation Addresses the Following Categories of Instructional Strategies that Affect Student Achievement**

<i>Identifying similarities and differences</i>	<u>Yes</u> <i>Cooperative learning</i>
<i>Summarizing and note taking</i>	<i>Homework and practice</i>
<i>Questions, cues, and advance organizers</i>	<i>Nonlinguistic representations</i>
<u>Yes</u> <i>Setting objectives and providing feedback</i>	<i>Generating and testing hypotheses</i>
<i>Reinforcing effort and providing recognition</i>	<i>Other</i>